

Pain Flow Sheet: Use with Cognitively Impaired Older Adults

Date	Time	Behaviors or Pain Behavior Tool Score +	Activity Level *	Medication	Time	Behaviors or Pain Behavior Tool Score after 1-2 hr +	Arousal level after 1-2 hr ++	Non-Pharm Therapy ^	Comments

+ Behavior Examples: Resists care, groans, grimaces, yelling, appears agitated, irritable, tearful; Score on PAINAD or PACSLAC-II (list tool used)

* **Activity Level:** A = Ambulatory, B = Bed, WC = Up in wheelchair, BR = Up to bathroom, C = Chair, R = ROM

++ Level of Arousal: 0 = Fully awake, 1 = Relaxed, 2 = Drowsy, 3 = Difficult to arouse, 4 = Stuporous, 5 = Semi-Comatose

^ Non-Pharmacological Interventions: 1= repositioning, 2= Dim light/ Quiet Environment, 3= Hot/cold Application, 4= Distractions, 5= Music, 6= Massage, 7= Other