

ID Pain: A Neuropathic Pain Screen

This tool can be used to evaluate the presence of neuropathic pain. Neuropathic pain often requires different treatment approaches including use of anticonvulsants, antidepressants, and other adjuvant medications. Thus identifying neuropathic pain is important to guide treatment choices. Conditions that might have a neuropathic pain component include diabetic or peripheral neuropathy, back pain, post-herpetic neuralgia, complex regional pain syndrome, leg/foot pain, large joint pain, and fibromyalgia.

How to Use: Ask the older adult the questions below and score as noted. If the older adult has more than one painful area, they are to consider the one area that is most relevant to them.

Interpretation: Higher scores are more indicative of pain with a neuropathic component. A score of 3 or higher indicates likely presence of neuropathic pain and justifies a more detailed evaluation.

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References

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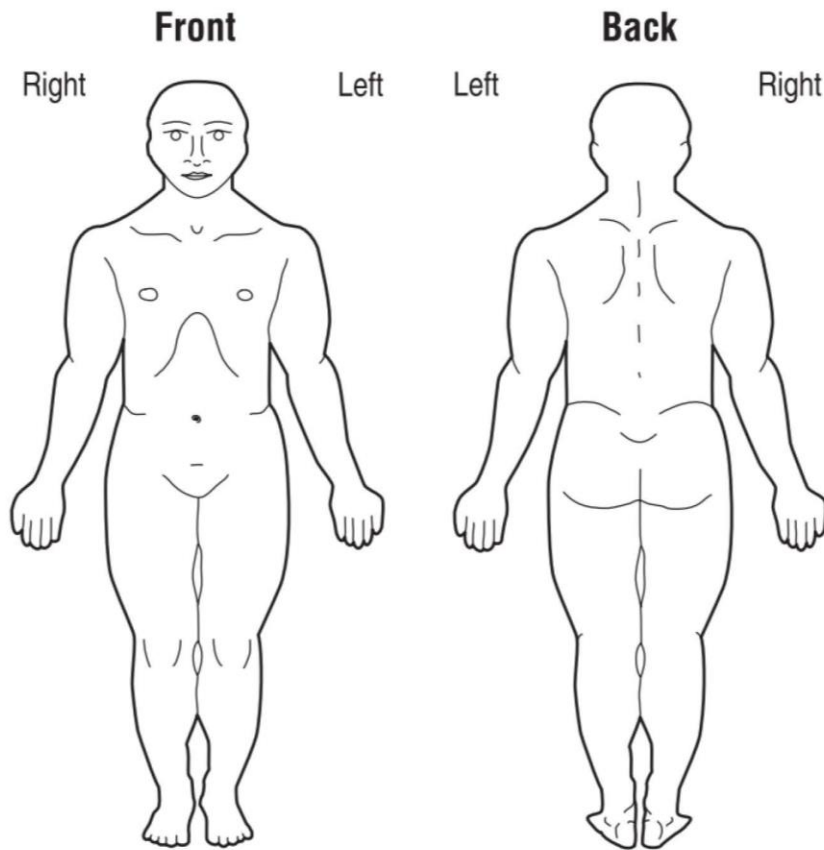
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On the diagram below, shade in the areas where you feel pain. If you have more than one painful area, circle the area that bothers you the most.



Mark 'Yes' to the following items that describe your pain over the past week and 'No' to the ones that do not.

Pain Questions

Questions	Score	
	Yes	No
1. Did the pain feel like pins and needles?	1	0
2. Did the pain feel hot/burning?	1	0
3. Did the pain feel numb?	1	0
4. Did the pain feel like electrical shocks?	1	0
5. Is the pain made worse with the touch of clothing or bed sheets?	1	0
6. Is the pain limited to your joints?	-1	0

Portenoy, R. (2006). Development and testing of a neuropathic pain screening questionnaire: ID Pain. *Current Medical Research and Opinion*, 22(8), 1555-1565.