

## Preparing for a Medical Appointment Tool

Healthcare Provider Name: \_\_\_\_\_

Appointment Date: \_\_\_\_\_

Is transportation arranged for the Appointment? \_\_\_\_ Yes \_\_\_\_ No

If no; how will I get to appointment? \_\_\_\_\_

Is someone going with patient to Appointment? \_\_\_\_ Yes \_\_\_\_ No; If yes; who: \_\_\_\_\_

### I plan to take the following items to the medical appointment

Pain Diary       Medication List       Other: \_\_\_\_\_

Completed "Preparing for a Medical Appointment Tool"

### I want to remember to ask the Healthcare Provider the following questions:

1. \_\_\_\_\_

\_\_\_\_\_

2. \_\_\_\_\_

\_\_\_\_\_

### I want to remember to share the following information with the Healthcare Provider:

1. Major concern(s): \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

2. Major Changes happening in my life (i.e. divorce, death of a loved one, etc.):

\_\_\_\_\_

\_\_\_\_\_

3. Other Information:

\_\_\_\_\_

Date/Time of next appointment: \_\_\_\_\_