

# Pain Management Communication

Physician/ARNP Name: \_\_\_\_\_

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

<input type="checkbox"/> Cognitively Impaired? (check if yes)	Observed Behaviors: <input type="checkbox"/> Whining <input type="checkbox"/> "Ouch" <input type="checkbox"/> Winces <input type="checkbox"/> Bracing <input type="checkbox"/> Gasping <input type="checkbox"/> "That hurts" <input type="checkbox"/> Wrinkled forehead <input type="checkbox"/> Guarding <input type="checkbox"/> Furrowed brow <input type="checkbox"/> Rubbing body part/area <input type="checkbox"/> Clenched jaw <input type="checkbox"/> Clutching/holding body part/area during movement <input type="checkbox"/> Guarding <input type="checkbox"/> Other: _____
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**Pain Intensity:** \_\_\_\_\_

(Before meds)

(After meds)

**Standard pain scale used:**

Numeric Rating Scale (0-10)

Verbal Descriptor Scale (no pain, mild pain, moderate pain, severe pain, extreme pain, pain as bad as could be)

Faces Pain Scale

PAINAD; score: \_\_\_\_\_

Other: \_\_\_\_\_

**Pain Interferes with:**  Sleep  Ambulation  Appetite  Activities  Transfers

**Types of Pain:**

Neuropathic

Nociceptive (Joint/bone/soft tissue)

Other: \_\_\_\_\_

**Location(s) of Pain:** \_\_\_\_\_

**Pain Pattern:**  Constant  Intermittent

Constant with Breakthrough

**Quality of pain (use descriptive adjectives of patient):**  Aching  Burning  Cramping

Crushing  Dull  Numbness  Pins & Needles  Sharp  Stabbing  Throbbing

Other: \_\_\_\_\_

Current analgesic regimen: \_\_\_\_\_

Analgesics tried in the past: \_\_\_\_\_

Relevant side effects: \_\_\_\_\_

## Treatment Suggestions

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient/Family requests

Nurse requests

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

RN Signature: \_\_\_\_\_

## New Orders

Continue Same Orders

Change Orders as Follows:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Physician/ARNP Signature: \_\_\_\_\_