

Pain Assessment in Impaired Cognition (PAIC 15)

Item	Meaning of items	Not at all	Slight degree	Moderate degree	Great degree	Not scorable
FACIAL EXPRESSION						
Frowning	lowering and drawing brows together	0	1	2	3	x
Narrowing eyes	narrowed eyes with tension around the eyes	0	1	2	3	x
Raising upper lip	upper lip raised, nose may be wrinkled	0	1	2	3	x
Opening mouth	the lips are parted, jaw is dropped	0	1	2	3	x
Looking tense	facial display of strain or worry	0	1	2	3	x
BODY MOVEMENTS						
Freezing	stiffening, avoiding movement, holding breath	0	1	2	3	x
Guarding	protecting affected area, holding body part, avoiding touch, moving away	0	1	2	3	x
Resisting care	resisting being moved or resisting care, being uncooperative	0	1	2	3	x
Rubbing	tugging or massaging affected area	0	1	2	3	x
Restlessness	fidgeting, wringing hands, rocking back and forth	0	1	2	3	x
VOCALIZATION						
Using pain-related words	using pain words, like "ouch", "ow", or "that hurts"	0	1	2	3	x
Shouting	using a loud voice to express words	0	1	2	3	x
Groaning	making a deep, inarticulate sound	0	1	2	3	x
Mumbling	uttering words and/or sounds indistinctly	0	1	2	3	x
Complaining	expressing being unhappy, sick, uncomfortable, and/or in pain	0	1	2	3	x
SUM=						



Reference: Kunz M, de Waal M, Achterberg WP, Gimenez-Llort L, Lobbezoo F, Sampson EL, van Dalen-Kok AH, Defrin R, Invitto S, Konstantinovic L, Oosterman JM, Petrini L, Fischer T, van der Steen JT, Strand LI, de Tommaso M, Zwakhalen S, Husebo BS, Lautenbacher S (submitted). The Pain Assessment in Impaired Cognition scale (PAIC-15): a multidisciplinary and international approach to develop and test a meta-tool for pain assessment in dementia.

<https://paic15.org> and <https://paic15.com>