NUMERIC RATING SCALE (NRS)

- **Numeric Rating Scale Use**: Have the patient point to or state the number that best shows how bad his or her pain is NOW.

- **Numeric Rating Scale Scoring**: Document the numerical value indicated by the patient. Evaluate the pain intensity over time to determine the effectiveness of pain treatments and need for changes in treatment.

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This document is formatted for use as a pocket-sized pain scale. Copy column 1 and column 2 on opposite sides of paper, laminate and provide for individual use.

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