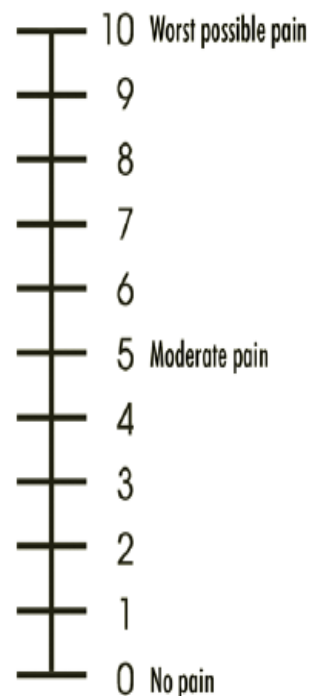


NUMERIC RATING SCALE (NRS)

- **Numeric Rating Scale Use:** Have the patient point to or state the number that best shows how bad his or her pain is NOW
- **Numeric Rating Scale Scoring:** Document the numerical value indicated by the patient. Evaluate the pain intensity over time to determine the effectiveness of pain treatments and need for changes in treatment.

Numeric Rating Scale

Point to the number that best represents the intensity of your pain NOW



0-10 Numeric Pain Intensity Scale

This document is formatted for use as a pocket-sized pain scale. Copy column 1 and column 2 on opposite sides of paper, laminate and provide for individual use.

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