# Pain Flow Sheet: Cognitively Intact

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Pain Rating</th>
<th>Location of Pain</th>
<th>Activity Level *</th>
<th>Character of Pain §</th>
<th>Medication</th>
<th>Non-Drug Therapy ^</th>
<th>Time</th>
<th>Pain Rating after 1-2 hr</th>
<th>Arousal level after 1-2 hr +</th>
<th>Initials</th>
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</thead>
</table>

* **Activity Level**: A = Ambulatory, B = Bed, WC = Up in wheelchair, BR = Up to bathroom, M = Meal, C = Chair, R = ROM

§ **Character of Pain**: A=Aching, D=Dull, T=Throbbing, B=Buring, Sh=Shooting, ST= Stabbing

^ **Non-Drug Interventions**: 1= Repositioning, 2= Dim light/ Quiet Environment, 3= Hot/cold Application, 4= Distractions, 5= Music, 6= Massage, 7= Other

+ **Level of Arousal**: 0 = Fully awake, 1 = Relaxed, 2 = Drowsy, 3 = Difficult to arouse, 4 = Stuporous, 5 = Semi-Comatose

Adapted from Pain Management Algorithm Resource Manual